

BEAUTY & WELLNESS

Tallink City Hotel | A. Laikmaa 5, 10145 Tallinn, Estonia



We will take care of you, so you can take time for yourself!

To complement the holiday experience, you are welcome to spend time at the Relaxation Area. After three different saunas, the time is right to enjoy a treatment from our wide selection, performed by our beauty attendants. Choose a suitable facial treatment with the products of Sothys – the French professional series, or why not let yourself be pampered with a relaxing chocolate massage.

A cosy 18+ Relaxation Area awaits you on the ground floor of the hotel on a pre-booking basis. Come earlier to have time to enjoy the saunas and relax before beauty treatments.

BODY TREATMENTS

Deluxe back exfoliation	15 min	19 €
Deluxe body exfoliation	25 min	41 €
Classic massage (back/feet/head)	20 min	36 €
A la carte massage	50 min	69 €
	70 min	93 €
Aroma massage	50 min	65 €
Aroma massage combines the healing touch of a massage with the therapeutic effect of essential oils from plants		
Slimming body massage	20 min	37 €
The treatment stimulates the metabolism, helps to remove toxins from the body and reduces cellulite	50 min	65 €
Chocolate massage	20 min	37 €
Chocolate triggers the release of feel-good hormones! A relaxing chocolate massage relieves stress and has a calming effect. The massage moisturises and nourishes the skin and improves metabolism	50 min	65 €
Deep moisturising massage with shea butter	20 min	39 €
Effectively moisturising and nourishing body massage with shea butter	50 min	69 €
Foot sole massage	30 min	47 €
Zone therapy affects all organs through the nervous system, improving thereby the functioning of all internal organs. After the massage your feet and the whole body will feel light, your overall wellbeing will improve, you will feel less stress and sleep better		

Body massage with magnesium oil Magnesium deficiency causes tiredness, foot cramps, disturbed sleep, headaches and high blood pressure. Scientific research has proven that through the skin magnesium is absorbed up to 10 times faster, helping to alleviate several health issues. On top of all that, magnesium makes the skin nicely soft and silky	20 min 50 min	39 € 69 €
Indian facial and head massage The Indian head massage helps to relax muscles and tension, accelerates metabolism, removes toxins from tissues, improves sleep and concentration. For better relaxation, a head massage is combined with facial massage and a moisturising face mask	20 min	47 €
Indian body massage The massage, which boosts the lymphatic system and circulation, results in enhanced metabolism and faster removal of toxins from the body. The massage also improves circulation, calms the nervous system and stimulates tissues. In addition to the relaxing effect, the Abhyanga massage is highly suitable for dry and very dry skin.	50 min	69 €
Indian body massage + facial and head massage	80 min	99 €
City Signature Body Care Marine An excellent combination of massage and body treatment. Sea salt and sweet almond oil are enhanced with special active plants, effectively cleansing the skin and reducing excess fluid. The treatment consists of a full-body exfoliation and massage, leaving the skin radiantly clean, toned, and effectively moisturised.	60 min	85 €
City Signature Body Care Delicious Shea This sumptuous body treatment combines a full-body exfoliation with a relaxing massage. The treatment features the exclusive Sothys oriental fragrance soft exfoliator, enriched with essential oils of cinnamon, ginger, nutmeg, orange, and mandarin. This gentle exfoliator not only smooths the skin but also leaves it with a delicate and enchanting fragrance. The treatment culminates with the application of deeply moisturising and nourishing shea butter, leaving your skin radiant and rejuvenated	70 min	105 €

SOTHYS FACIAL TREATMENTS

Classic SPA facial cleansing and massage Facial skin toning, exfoliation, mechanical cleansing, massage, mask and cream	50 min	69 €
Fast and moisturising facial treatment Toning, exfoliation, massage of the skin, mask according to the skin type, eye and facial cream	20 min	48 €
Oxygen-enriching seasonal facial treatment A completely paraben-free treatment fulfills the needs of the skin according to the season. At the end of a long winter the skin looks tired and needs to replenish its oxygen and vitamin levels. In the autumn the skin needs more moisture and protection against low temperatures. The treatment includes exfoliation, a mask and a relaxing massage, leaving the skin radiant	40 min	68 €

Special treatment for sensitive skin Versatile treatment, where impurities are removed from the skin (tea tree oil), while the exfoliation makes the facial skin beautiful and bright (salicylic acid). The treatment includes mechanical cleansing. Results in healthy and clean skin.	50 min	69 €
Intensive exfoliating and cleansing facial treatment A skin rejuvenating treatment specially developed by beauty experts, suitable for all skin types. The treatment includes exfoliation in two stages: first, microdermabrasion with natural corundum microcrystals, followed by a gentle exfoliation with acid. This is then followed by a relaxing massage using a balancing balm, which neutralises the skin's pH level and boosts the number of healthy cells. The treatment concludes with a mask that enriches the skin with oxygen	50 min	80 €
Intensive moisturising facial treatment with hyaluronic acid This innovative moisturising treatment program represents the new generation of skincare. It begins with thorough surface cleansing and exfoliation, setting the stage for the dual-mask application. First, an effective mask is applied to instantly replenish the skin's hydration levels. This is followed by a gel mask designed to sustain the moisture balance within the epidermis. The treatment's efficacy is significantly enhanced by the use of Digi-Esthétique massage techniques and a specialised cream that fortifies the skin's defensive barrier and combats free radicals	50 min	99 €
Treatment for eye area An ideal treatment for radiant eyes – it effectively reduces under-eye dark circles, puffiness, and wrinkles. The treatment is also perfectly suited for clients with sensitive eyes and those who wear contact lenses	40 min	57 €
Refreshing special treatment for men Men's facial treatment for removal of toxins and stress relief. The treatment starts with a relaxing head massage followed by a deep cleansing and a face massage. A mask enriched with ginger and vitamin C provides the facial skin with impeccable complexion.	40 min	71 €
Exclusive beauty ritual Secrets The unique Sothys beauty ritual Secrets elegantly and stylishly combines active ingredients that create an unforgettable feeling of well-being. Relaxing and effective treatment with a unique rejuvenating effect, resulting in beautiful facial skin, with 4-5 years wiped off.	80 min	150 €
City Signature Care Miracle A truly pampering treatment, perfected by effective vitamin C, makes the skin radiant, wipes off fatigue and dull complexion from the skin and gives a rested and fresh complexion	60 min	99 €

BEAUTY TREATMENTS

Eyelash tinting	30 min	14 €
Eyebrow tinting	20 min	12 €
Sculpting of eyebrows	20 min	14 €

HAND AND FOOT TREATMENTS

Deep moisturising paraffin wax treatment for hands	25 min	23 €
Exfoliation, mask, relaxing massage, cooling paraffin wax		
Gel nail varnish removal	25 min	19 €
SPA pedicure	55 min	69 €
Softening treatment, which starts with foot exfoliation, followed by a mask, massage and application of nail polish, if wished		
Deep moisturising paraffin wax treatment for feet	25 min	25 €
Exfoliation, mask, relaxing massage, cooling paraffin wax		
Classical pedicure	45 min	57 €
Treatment, application of cream		
Pedicure for problematic feet	55 min	72 €
Softening treatment for foot and nail issues. Nails can be polished with a special treatment polish, if wished.		
Pedicure with gel nail varnish	90 min	83 €
Treatment, gel nail polish		
Covering one nail with gel nail varnish	5 min	12 €

DEPILATION

Legs	25 min	33 €
Legs and thighs	45 min	51 €
Armpits	25 min	17 €
Hands	25 min	29 €
Back	25 min	47 €
Face area	20 min	13 €

Guests staying in the suite or in the deluxe room have free access to the Relaxation Area.

Guests ordering beauty and wellness services for €30 or more, enjoy free access to the Relaxation Area.

Entrance fee of the Relaxation Area is €16, the use of towels is included in the price. You can change on site and leave your clothes in the locker.

Book a visit to the Relaxation Area and treatments in advance here: [link](#)

Payments for treatments are made at the time of booking. We look forward to seeing you on time, preferably 5 minutes in advance. In case of delay or no-show, we will not be able to refund the deposit. We reserve the right to change the price list.